

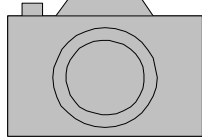






# PRACTICAL LEARNING SUGGESTIONS FOR THE LEARNING STYLES

Learning Styles	Best Ways to Learn	Practical Suggestions
<p><b>Verbal/Linguistic</b></p> 	<p>Working with Patterns Figuring with Numbers</p>	<p>Taking notes, Read notes or text out loud, Skim through reading first, Study out loud with partner, Use a tape recorder</p>
<p><b>Mathematical/Logical</b></p> 	<p>Making categories Classifying</p>	<p>Use lists to study from, Arrange notes in patterns, Assign numbers to information, Take notes in outline form, Use math formulas to problem solve (ratio, geometry, etc.)</p>
<p><b>Visual/Spatial</b></p> 	<p>Visualizing Using colors &amp; pictures</p>	<p>Study or make charts, graphs, pictures, Use highlighters, Use webbing to take notes, Close eyes and visualize mental images in mind</p>
<p><b>Bodily/Kinesthetic</b></p> 	<p>Touching Moving Hands on learning Interacting with objects Doing something physical while learning</p>	<p>Choose projects that let you build, create, shape with hands, Use objects to help you remember people, places, things Volunteer/participate in class</p>
<p><b>Music/Rhythmic</b></p> 	<p>Rhythmically Musically Making up melodies</p>	<p>Create musical jungles to aid memorization, Study for test etc. with quiet music in background, Rhythmically read notes out loud</p>
<p><b>Interpersonal</b></p> 	<p>Sharing Comparing Relating Cooperating with others Interviewing</p>	<p>Study with a focused partner, Ask frequent questions of others to gain information, Participate in class discussions, Discuss ideas with others</p>
<p><b>Intrapersonal</b></p> 	<p>Working alone in own space Self-Pacing instruction Reflecting</p>	<p>Organize your study place and time, Take time to think about the things you are learning, Research ideas in depth</p>